Case Files #62



ASTRO

Episode #62

"Adrian with the Vernal Sun"

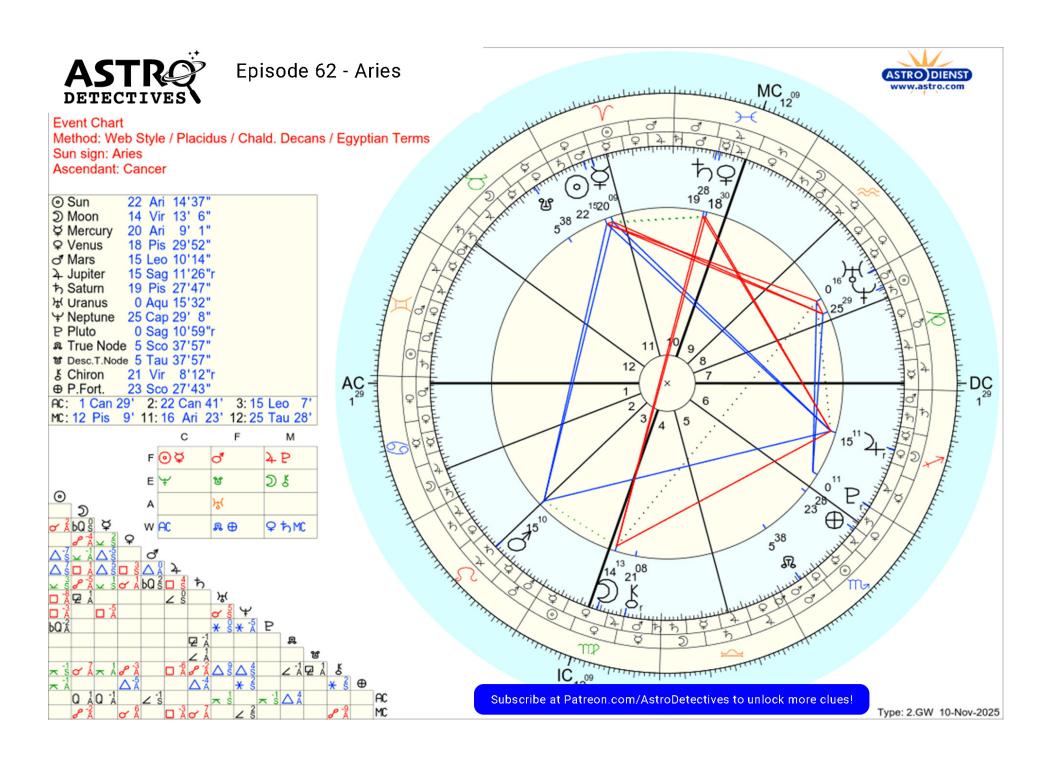
Recorded Mov 5, 2025 4:30 PM PST

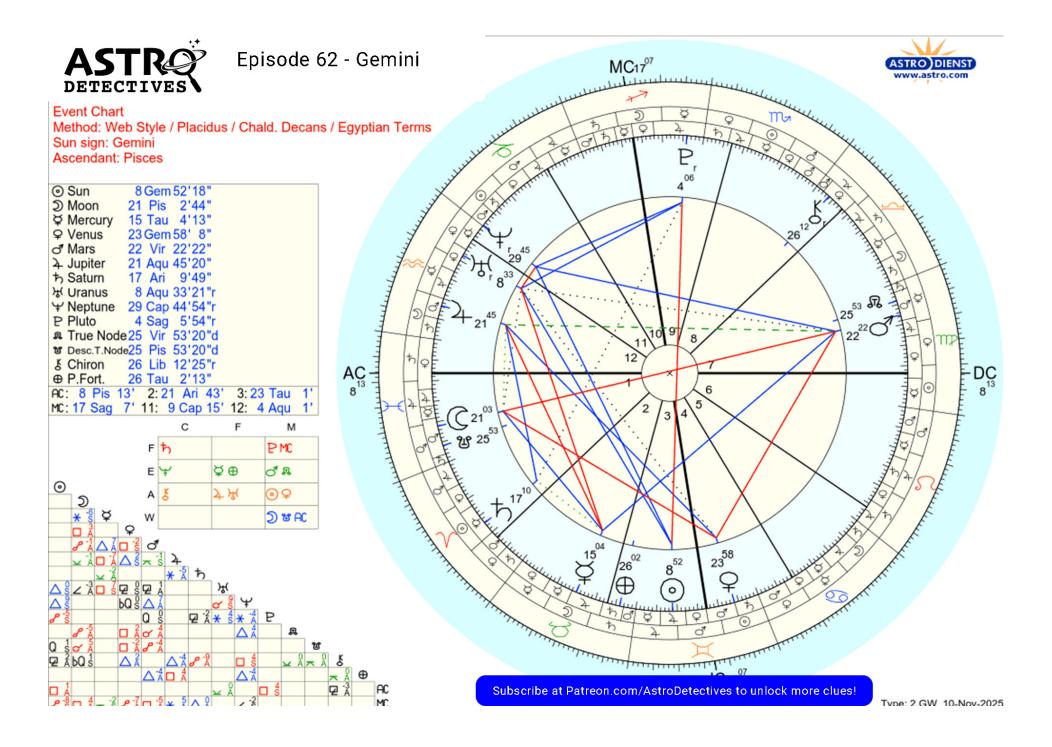
Los Angeles, CA



## ASTRONOMICS OF THE STRUCK TO T

WILL WE DEBUNK OR PROVE ASTROLOGY?





How would you describe your person	nal s	style?	*								
Casual & comfortable											
Sporty & active											
Trendy & fashionable											
Classic & elegant											
One-of-a-kind											
Vintage-inspired											
Other:											
2. On average, how much time and at	tentic		you 3	put 4		your 6				oming 10	g and appearance? *
I keep it basic—shower, deodorant, and I'm good to go.	•	0	0	0	0	0	0	0	0	0	I put a lot of time and care into my grooming—skincare, hair, outfits, the whole package.

3. How do you feel about your appearance most of the time? *											
I feel confident and attractive most of the time.											
I generally feel good about myself. I have my insecurities, but overall, I'm happy with my appearance.											
I feel okay about my appearance—not great, but not terrible either.											
I'm pretty self-critical. I struggle to feel confident in my appearance.											
I don't think about it much. My appearance isn't a big focus for me.											
4. Do you have any tattoos? If so, please describe a few of them. *											
I have eight: angel wings on my shoulderblades, a cute lucky cat version of my actual cat on my calf, a rainbow popsicle on my hip, and a											
happy block of cheese on my ankle, among many others that are more lowkey and meaningful.											
5. How active are you? (Either through a fitness routine or your daily work and activities). *											
1 2 3 4 5 6 7 8 9 10											
Sedentary. I don't/can't exercise or get o o o o o o o o o o o o o o o o o o o											

6. How would you describe your approach to diet and nutrition?								
Strict. I follow a specific diet plan or nutritional guidelines and stick to it consistently.								
Moderately healthy. I try to eat balanced meals, but I don't follow a strict diet.								
Flexible. I eat what I enjoy and don't focus too much on nutritional guidelines.								
Needs improvement. I'm trying to eat better but struggle with consistency.								
On't care. I don't focus much on my diet—if it's convenient and tastes good, that's what matters.								
7. How adventurous are you with food?								
7. How adventurous are you with food?								
7. How adventurous are you with food?  I'll try anything once.								

* 8. How often do you drink alcohol?	
Regularly	
Occasionally	
Rarely	
Never	
9. How would you describe your social circle?	
Very large (I know everyone)	
Medium (A solid group of friends)	
Small (1 or 2 close friends)	
I socialize with my family	
O I'm more of a lone wolf	

	1	2	3	4	5	6	7	8	9	10	
Extremely uncomfortable	0	0	$\bigcirc$	$\bigcirc$	•	0	0	0	0	0	Very comfortable social butterfly
11. What types of gifts do you like to give? *											
11. What types of gifts do you like to give? *											
		to give	?*								
Activity/ Adventure/ Expe	erience			, candle	es, art, :	soft tex	tures, e	etc).			
Activity/ Adventure/ Expe	erience nsory pl			, candle	es, art, :	soft tex	tures, e	etc).			
Activity/ Adventure/ Expe	erience nsory pl			, candle	es, art, :	soft tex	tures, e	etc).			

12. If you won \$500 and you could only pick ONE of the following, which would you chose? *
Go on a shopping spree!
Buy a nice dinner for you and your loved ones.
O Pay bills.
Put it in savings for a rainy day.
O Invest it.
Give it away to a loved one/ donate it to charity.
13. What is the highest level of education you've completed? *
O Some high school
O High school
O Some college
Bachelor's degree
Master's degree or higher

14. If you went to college, what did you study?

Digital Media/3D Animation, but before that I majored in choral music education, computer science, and art. yeah, I know.

15. When you were a child, what did you want to be when you grew up? \*

Many things: first a marine biologist because of Finding Nemo, then a fashion designer, artist, and finally chorus teacher. (none of these wishes lasted, lol)

16. What is your current job? If not employed, what is your main responsibility or focus? \*

I am an unemployed stay-at-home husband focusing on taking care of my breadwinner librarian wife and the chores and errands right now.

17. Is this role fulfilling to you, or do you feel like you're still searching for something else? \*

Yes and no - serving my wife has shown me a deeper, more intimate sort of love, and it's incredibly fulfilling. But I know I need to serve myself as well for full satisfaction, so I'd like to start making astrology content (maybe even a podcast of my own!) and more art, or to get back into a tattoo studio.

18. How would you describe the balance between your responsibilities (work, parenting, caregiving, etc.) and your personal time (rest and relaxation)?	*
I have a great balance. I prioritize both my responsibilities and my personal well-being.	
I manage okay. I get personal time, but sometimes my responsibilities take over.	
My responsibilities often outweigh my personal time. I try to rest but it's hard to find the time.	
I feel completely consumed by my responsibilities. I rarely have time to relax or do things just for me.	
I have too much personal time and would like more responsibility.	
19. Do you get enough alone time? *	
Too much, I need more social interaction.	
Just the right amount.	
Not enough, I wish I had more.	

20. You are working on a team project, and a member of your team is not contributing their fair share. Which of the following *best describes your <b>initial</b> response?											*	
I would confront them in a direct way.												
I would make sarcastic remarks or jokes to make them feel guilty.												
I'd avoid them and report it to the supervisor.												
I'd be frustrated but I'd probably just deal with it for as long as I could.												
I wouldn't be that bothered	I wouldn't be that bothered by it.											
21. Name a few hobbies or le	. I am a			-			າ, gam	er, occ	cultist,	astrolo	ger, and lover of knowledge, but studying	
22. How comfortable are you with using technology? *  1 2 3 4 5 6 7 8 9 10												
Technology and I don't agree	0	0	0	0	0	0	0	0	•	0	I'm very tech-savvy and can troubleshoot issues on my own.	

23. Do you enjoy traveling? *	
<ul> <li>Traveling is a huge hobby of mine—I'll go anywhere and have my passport ready.</li> <li>I love traveling and make it a priority whenever I can.</li> <li>I really want to travel more but I haven't done as much yet.</li> <li>I've traveled a bit, but mostly shorter trips.</li> <li>I prefer staying home and don't travel much.</li> </ul>	
24. Would you enjoy traveling and vacationing alone?	
Yes and I do!  I would enjoy it every once in awhile.  I would try it once, but I prefer to have company.	
Not at all.	

25. Which of the following best describes your CURRENT religious or spiritual beliefs? *
Christianity
○ Islam
Judaism
Hinduism
Buddhism
Spiritual but not religious
O Agnostic
Atheist
Other:

26. What religious or spiritual beliefs were you raised with? *
Christianity
O Islam
Hinduism
Buddhism
O Spiritual but not religious
O Agnostic
Atheist
Other: Christianity mixed with native, folk, and new-age practices.

27. What do you think of astrology? *											
lt's 100% legit!											
I don't know but I'm open to it											
I think it's fun but not real											
O It's not real											
28. Do you have a personal quote, philosophy or mantra? *  I've always liked "if it's meant to be, it's up to me," showing that you have to actually go after what you want to get the gifts from the universe that you ask for.											
29. How do you tend to make decisions? *											
	1	2	3	4	5	6	7	8	9	10	
I need a lot of time and careful deliberation.	0	0	0	0	0	0	0	•	0	0	I'm quick and decisive.

30. How would you rate your follow-through on things you start? (Hobbies, home projects, business ideas, etc). *														
			1	2	3	4	5	6	7	8	9	10		
I start a lot of things but finish nothing.			0	•	0	0	0	0	0	0	0	0	I always se	e things through.
31. When I reflect on my overall childhood experience (ages 0-10), I feel *														
	1	2	3	4	4	5		6	7		8	9	10	
Very unhappy	•	0	0			0	(		0		0	0	0	Very happy

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32. In which category have you experienced the most struggle and challenge in life? *
Romantic relationships
Family
Friends & social situations
O Physical Health
Mental Health
Financial matters
Work & Career
Other:
33. Who is your celebrity crush? *
Quinn Martin from Big Brother 26, but also Markiplier Iol

34. If you had the opportunity to be on national television (such as a game show or reality competition that you like) would you * do it?
O Hell yes!
I would, but I'd be nervous.
Absolutely not. The thought of being on television is scary.
35. You see someone being unfairly treated in a public place (e.g., being spoken to rudely or unfairly denied service). What do *you likely do?
I would not hesitate to step in and speak up to defend the person.
I would wait until after the incident and then try to offer them support or encouragement.
I would feel bad for them but I would avoid getting involved.
I would ignore it entirely and continue on with my day.

36. What is your relationship with "stuff"? *														
Practical & minimalistic. I don't own much.		1	2	3	4	5	6	7	8	9	10	I'm a pack rat! I have a hard time letting things go.		
37. What is your l	level of	home	organ	nizatio	n and	l clea	ınline	ess?	*					
		1	2	3	4	5	6	5	7	8	9		10	
My maid's on vac	cation	0	0	•	0	0			0	0	C	)	0	I'm a neat freak. Good luck finding a spec of dirt!
38. How much intention do you put into your home decor? *														
	1	2	3	4	5	;	6	7		8	9		10	
It's functional.	0	0	•	0			0	С	)	0	0		0	I've spent a lot of time and money custom decorating my space to reflect my personal style

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