Case Files #61



ASTRO

Episode #61

"Lauren the Earth Sign"

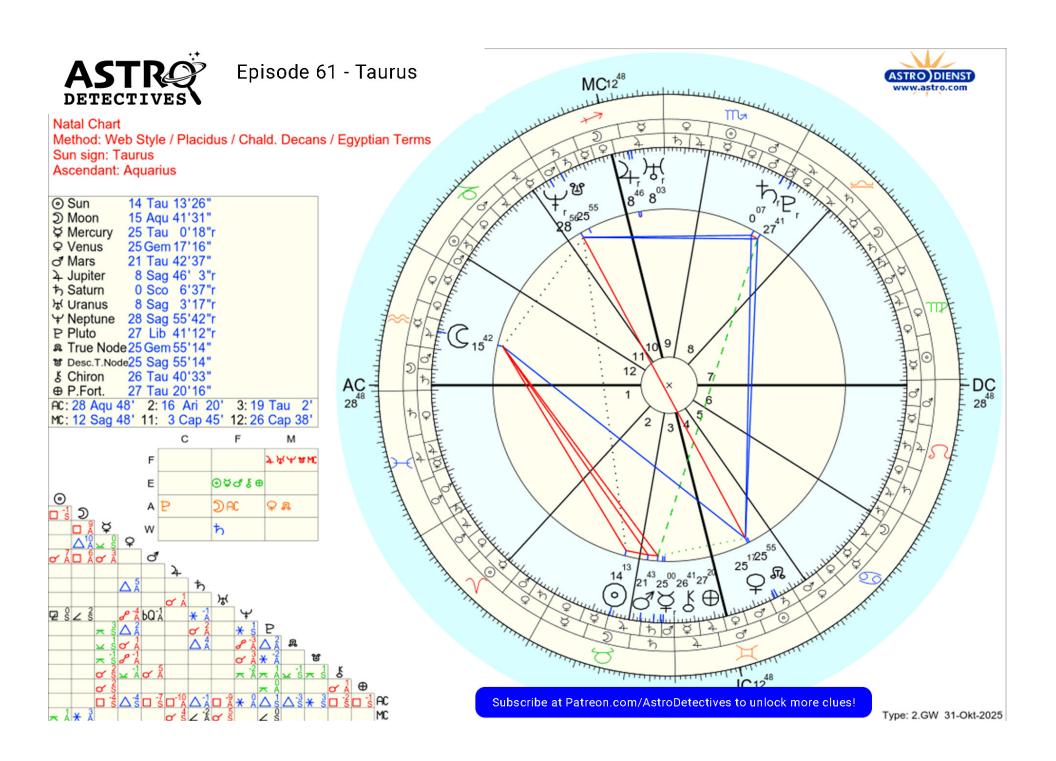
Recorded Oct 30, 2025 3:30 PM PST

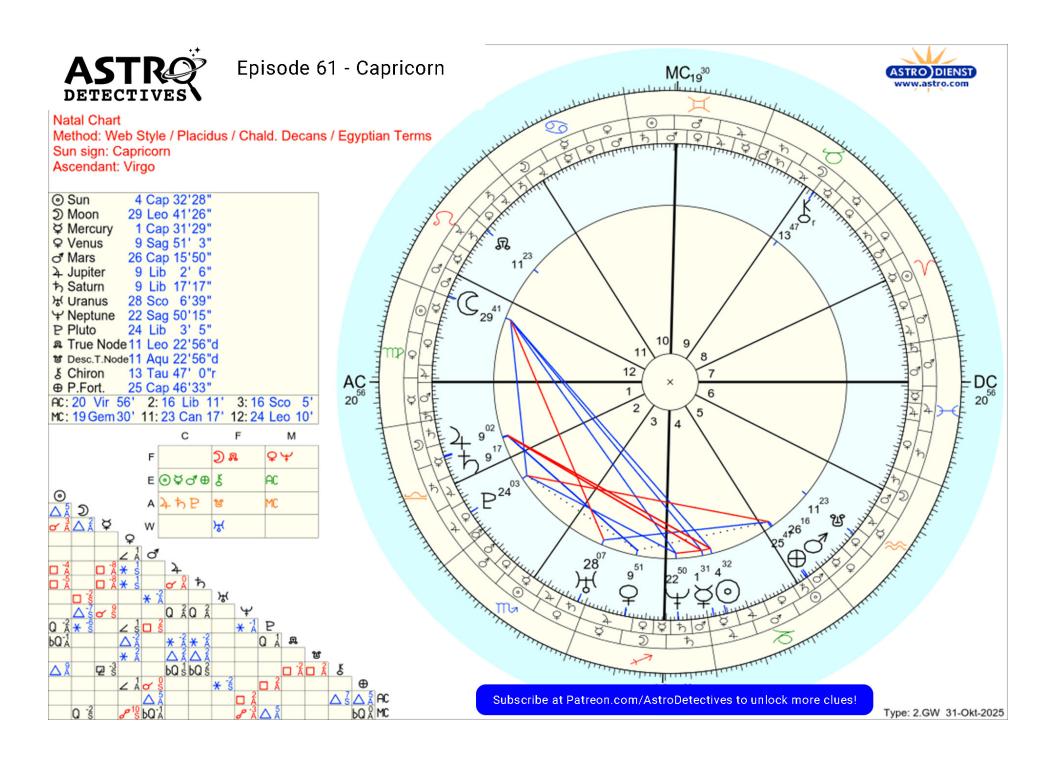
Los Angeles, CA



ASTRONO DETECTIVES

WILL WE DEBUNK OR PROVE ASTROLOGY?





How would you describe your person	onal s	style?	*								
Casual & comfortable											
Sporty & active											
Trendy & fashionable											
Olassic & elegant											
One-of-a-kind											
Vintage-inspired											
Other:											
2. On average, how much time and at	tentic	on do	you 3	put 4	into 5		pers	onal 8		omino 10	g and appearance? *
I keep it basic—shower, deodorant, and I'm good to go.	0	0	0	0	0	0	•	0	0	0	I put a lot of time and care into my grooming— skincare, hair, outfits, the whole package.

3. How do you feel about your appeara	ance	mos	st of	the ti	me?	*					
I feel confident and attractive most o	I feel confident and attractive most of the time.										
I generally feel good about myself. I l	I generally feel good about myself. I have my insecurities, but overall, I'm happy with my appearance.										
I feel okay about my appearance—not great, but not terrible either.											
I'm pretty self-critical. I struggle to feel confident in my appearance.											
I don't think about it much. My appea	I don't think about it much. My appearance isn't a big focus for me.										
4. Do you have any tattoos? If so, plea	ase d	lescr	ibe a	ı few	of th	em.	*				
5. How active are you? (Either through					•		·				ties). *
	1	2	3	4	5	6	7	8	9	10	
Sedentary. I don't/can't exercise or get much activity.	0	0	0	0	0	0	0	0	0	•	I'm highly active. Fitness is a daily priority, and I'm probably the most active person I know.

6. How would you describe your approach to diet and nutrition?
Strict. I follow a specific diet plan or nutritional guidelines and stick to it consistently.
Moderately healthy. I try to eat balanced meals, but I don't follow a strict diet.
Flexible. I eat what I enjoy and don't focus too much on nutritional guidelines.
Needs improvement. I'm trying to eat better but struggle with consistency.
Don't care. I don't focus much on my diet—if it's convenient and tastes good, that's what matters.
7. How adventurous are you with food?
7. How adventurous are you with food?
7. How adventurous are you with food? O l'Il try anything once.

8. How often do you drink alcohol?
Regularly
Occasionally
Rarely
O Never
9. How would you describe your social circle?
Very large (I know everyone)
Medium (A solid group of friends)
Small (1 or 2 close friends)
I socialize with my family
O I'm more of a lone wolf

	1	2	3	4	5	6	7	8	9	10	
Extremely uncomfortable	0	0	0	0	•	0	0	0	0	0	Very comfortable social butterfly
1. What types of gifts do yo	ou like t	to aive	2 +								
	ou like	io give	<i>(</i> ^								
Activity/ Adventure/ Expe		io give									
	erience			, candle	es, art, s	soft tex	tures, e	etc).			
Activity/ Adventure/ Expe	erience nsory pl			, candle	es, art, s	soft tex	tures, e	rtc).			
Activity/ Adventure/ Expe	erience nsory pl			, candle	es, art, :	soft tex	tures, e	etc).			

12. If you won \$500 and you could only pick ONE of the following, which would you chose? *
Go on a shopping spree!
Buy a nice dinner for you and your loved ones.
O Pay bills.
Put it in savings for a rainy day.
O Invest it.
Give it away to a loved one/ donate it to charity.
13. What is the highest level of education you've completed? *
Some high school
O High school
O Some college
Bachelor's degree
Master's degree or higher

14. If you went to college, what did you study? Political Science	
15. When you were a child, what did you want to be when you of Marine biologist	grew up? *
16. What is your current job? If not employed, what is your main	n responsibility or focus?*
17. Is this role fulfilling to you, or do you feel like you're still sea	rching for something else? *

18. How would you describe the balance between your responsibilities (work, parenting, caregiving, etc.) and your personal time (rest and relaxation)?	*
I have a great balance. I prioritize both my responsibilities and my personal well-being.	
I manage okay. I get personal time, but sometimes my responsibilities take over.	
My responsibilities often outweigh my personal time. I try to rest but it's hard to find the time.	
I feel completely consumed by my responsibilities. I rarely have time to relax or do things just for me.	
I have too much personal time and would like more responsibility.	
19. Do you get enough alone time? *	
Too much, I need more social interaction.	
Just the right amount.	
Not enough, I wish I had more.	

20. You are working on a tear best describes your initial res			nd a	meml	ber of	f your	team	ı is no	ot con	tributinç	g their fair share. Which of the following *
I would confront them in a direct way.											
I would make sarcastic remarks or jokes to make them feel guilty.											
I'd avoid them and report it to the supervisor.											
I'd be frustrated but I'd probably just deal with it for as long as I could.											
I wouldn't be that bothered by it.											
21. Name a few hobbies or le	isure	activi	ties th	nat yo	u enj	oy. *					
22. How comfortable are you	with u	using	techn 3	ology 4		6	7	8	9	10	
Technology and I don't agree	0	0	0	0	0	0	0	•	0	0	I'm very tech-savvy and can troubleshoot issues on my own.

23. Do you enjoy traveling? *
Traveling is a huge hobby of mine—I'll go anywhere and have my passport ready.
I love traveling and make it a priority whenever I can.
I really want to travel more but I haven't done as much yet.
I've traveled a bit, but mostly shorter trips.
I prefer staying home and don't travel much.
24. Would you enjoy traveling and vacationing alone?
Yes and I do!
I would enjoy it every once in awhile.
I would try it once, but I prefer to have company.
O Not at all.

25. Which of the following best describes your CURRENT religious or spiritual beliefs? *
Christianity
○ Islam
Judaism
Hinduism
Buddhism
O Spiritual but not religious
O Agnostic
Atheist
Other:

AstroDetectives: Pre-Show Guest Survey	7
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26. What religious or spiritual beliefs were you raised with? *
Christianity
○ Islam
Judaism
Hinduism
Buddhism
Spiritual but not religious
Atheist
Other:

27. What do you think of astrology? *											
It's 100% legit!											
I don't know but I'm open to it											
I think it's fun but not real											
O It's not real											
28. Do you have a personal quote, philosop	hy or r	mantra	a? *								
29. How do you tend to make decisions? *											
	1	2	3	4	5	6	7	8	9	10	
I need a lot of time and careful deliberation.	0	0	0	0	0	0	0	•	0	0	I'm quick and decisive.

30. How would you rate your follow-through on things you start? (Hobbies, home projects, business ideas, etc). *														
			1	2	3	4	5	6	7	8	9	10		
I start a lot of things	s but finisl	n nothing.	0	0	0	0	0	•	0	0	0	0	l always se	e things through.
31. When I reflect on my overall childhood experience (ages 0-10), I feel *														
	1	2	3	4	4	5		6	7		8	9	10	
Very unhappy	0	0	0			0	(0		0	0	•	Very happy

AstroDetectives: Pre-Show Guest Survey
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32. In which category have you experienced the most struggle and challenge in life? *
Romantic relationships
Family
Friends & social situations
O Physical Health
Mental Health
C Financial matters
Work & Career
Other:
33. Who is your celebrity crush? *
None

34. If you had the opportunity to be on national television (such as a game show or reality competition that you like) would you do it?	*
 Hell yes! I would, but I'd be nervous. Absolutely not. The thought of being on television is scary. 	
35. You see someone being unfairly treated in a public place (e.g., being spoken to rudely or unfairly denied service). What do you likely do?	*
 I would not hesitate to step in and speak up to defend the person. I would wait until after the incident and then try to offer them support or encouragement. I would feel bad for them but I would avoid getting involved. I would ignore it entirely and continue on with my day. 	

36. What is your r	elation	ship w	/ith "st	uff"? *										
Practical & minii m	malistic nuch.	c. I don'	t own	1	2	3	4	5	6	7	8	9	10	I'm a pack rat! I have a hard time letting things go.
37. What is your l	evel of	home	orgar	nizatio	n and	clea	ınline	ess?	*					
		1	2	3	4	5	6	6	7	8	9		10	
My maid's on vac	cation	0	0	0	•	0			0	0	C)	0	I'm a neat freak. Good luck finding a spec of dirt!
38. How much into	ention	do yoι	ı put ir	nto yo	ur ho	me d	ecor	·? *						
	1	2	3	4	5		6	7		8	9		10	
It's functional.	•	0	0	0			0	С)	0	0		0	I've spent a lot of time and money custom decorating my space to reflect my personal style

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